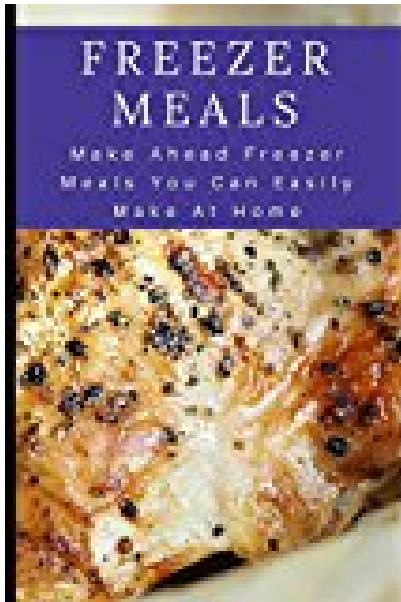


# Freezer Meals Make Ahead Freezer Meals You Can Easily Make At Home Make Ahead Recipes

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## BOOK DETAILS

- Author : Jennifer Hanson
- Pages : 52 Pages
- Publisher : Independently published
- Language : English
- ISBN : 1520678339

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## **BOOK SYNOPSIS**

In a modern twist on the idea of freezing meals for later, features over two hundred recipes for breakfasts, lunches, and dinners that are prepared through the method of batch cooking and then frozen.

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