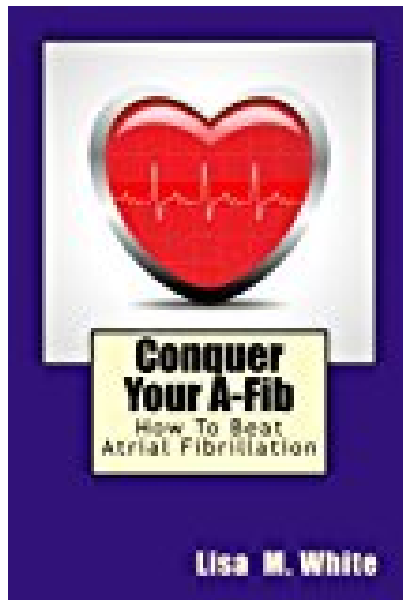


Conquer Your A-Fib How To Beat Atrial Fibrillation



BOOK DETAILS

- Author : Lisa M. White
- Pages : 74 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1537345435



BOOK SYNOPSIS

Conquer your a-fib is a comprehensive guidebook for this very common arrhythmia. Containing a wealth of information and strategies for overcoming a-fib it covers: An introduction to a-fib, what it is and how it can be treated. Several causes of atrial fibrillation that you may not be aware of. Dietary and chemical triggers for a-fib Nutritional deficiencies as a potential trigger for episodes Modifiable risk factors for a-fib which can reduce and even cure your arrhythmia. Real life cases of people who have beaten a-fib.

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